

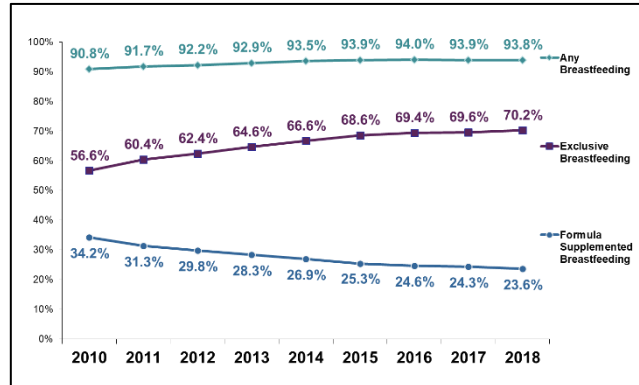
Data to Monitor Progress in Hospital Policies and Practices that Support Breastfeeding

Hospital Breastfeeding Data

The California Department of Public Health (CDPH) has released 2018 in-hospital breastfeeding initiation rates. Hospital staff and administrators can use this information to examine the percentage of women who initiate “exclusive” or “any” breastfeeding at their hospital in comparison to rates at similar hospitals and the state rate.

California in-hospital breastfeeding rates increased from 2010 to 2018. The rate of any breastfeeding increased from 90.8% to 93.8%, while exclusive breastfeeding rates increased from 56.6% to 70.2%. This translates to an overall decrease in formula supplementation from 34.2% to 23.6% during this time period. Although improvements were seen across all racial/ethnic groups, disparities in breastfeeding initiation persist.

California In-hospital Breastfeeding Practices, 2010-2018



Data Source: Genetic Disease Screening Program, Newborn Screening Data, 2010-2018; Notes: these data (2010-2018) are not comparable to data published in previous years. For further details on our methodology, please reference the footnotes section of the 2018 data report available on our [Breastfeeding Statistics website](#).

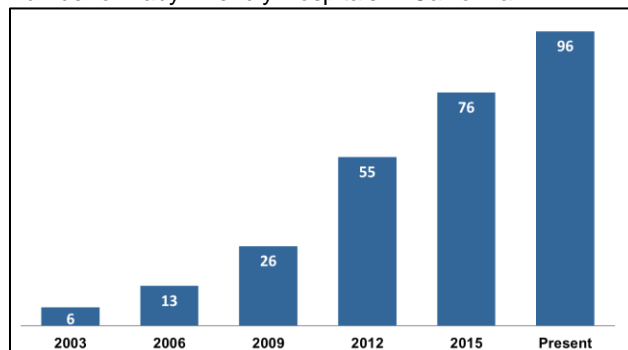
Maternity Practices in Infant Nutrition and Care (mPINC) Survey

The Centers for Disease Control and Prevention (CDC) recently completed data collection for the 2018 Maternity Practices in Infant Nutrition and Care (mPINC) Survey among hospitals and birth centers throughout the United States. As in past years, each participating facility will receive their survey results in the form of a customized mPINC Benchmark Report that addresses barriers to evidence-based maternity care related to breastfeeding. Hospitals are encouraged to utilize their mPINC report to support quality improvement efforts within the maternity care setting. For more information visit the [CDC's mPINC Survey website](#).

Baby Friendly Hospital Initiative

Currently, California leads the nation with 96 designated [Baby-Friendly hospitals](#). Information and the names of the California facilities with this prestigious designation can be found on the [California Breastfeeding Coalition website](#).

Number of Baby-Friendly Hospitals in California



Data Source: [California Breastfeeding Coalition website](#)
*Present represents Baby-Friendly Hospitals as of August 2019

Hospital Infant Feeding and Care Requirements

The Joint Commission's Perinatal Care Core Measure Set

The Joint Commission has expanded the mandatory performance measure requirements for accredited hospitals with 300 or more births per year to include the Perinatal Care Core Measure Set that includes exclusive breast milk feeding. The [United States Breastfeeding Committee](#) (USBC) produced a resource entitled "[Implementing the Joint Commission Perinatal Core Measure on Exclusive Breast Milk Feeding](#)"

Hospital Infant Feeding Act

The Hospital Infant Feeding Act (California Health & Safety Code §123366) requires all California hospitals with a perinatal unit to have an infant feeding policy. Policies need to promote breastfeeding and utilize guidance from the [Baby-Friendly Hospital Initiative](#) or the [State Department of Public Health Model Hospital Policy Recommendations](#) (currently under revision) and must be clearly posted and routinely communicated to staff.

California Health & Safety Codes §123367

California Health & Safety Codes §123367 requires that by 2025 all hospitals with a perinatal unit adopt the "Ten Steps to Successful Breastfeeding" per Baby Friendly USA's [Baby-Friendly Hospital Initiative](#), or an alternate process adopted by a health care service plan that includes evidenced-based policies and practices with targeted outcomes, or the Model Hospital Policy Recommendations.

Resources and Technical Assistance for Developing Hospital Policies that Support Breastfeeding

CDPH Breastfeeding website

The [CDPH Breastfeeding website](#), includes a variety of resources:

- *The California Infant Feeding Guide*
- *Breastfeeding Model Hospital Policy Recommendations, 2005* (currently being revised)
- *9 Steps To Breastfeeding Friendly: Guidelines for Community Health Centers and Outpatient Care Settings*

Local Breastfeeding Coalitions and Coordinators:

The CDPH urges all labor and delivery facilities to work with their [local breastfeeding coalition](#) and/or their [local health jurisdiction breastfeeding coordinator](#) to address barriers to women breastfeeding exclusively.

The Regional Perinatal Programs of California (RPPC)

RPPC is a network of regional public health consultants that promote access to risk appropriate perinatal care for pregnant women and their infants and can assist hospitals in implementing breastfeeding quality improvement. The contact information for each Region's RPPC Coordinator can be found on the [RPPC website](#).

Women, Infants and Children (WIC):

WIC provides prenatal breastfeeding education, breast pumps when needed, and peer counselors to support breastfeeding mothers in some areas. Regional Breastfeeding Liaisons (RBLs) facilitate seamless breastfeeding support by collaborating with health care providers, hospitals, employers and the community. To see if there is a WIC RBL in your region, contact your WIC Local Agency. To locate WIC sites in the area of your hospital, use the "Find a Local WIC Agency" search function, located on the [WIC mobile website](#).